

# Workshop on evaluation of the Czech mental health care reform

May 15th & 16th, 2018; National Institute of Mental Health, Czech Republic

## Synopsis

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The Strategy of Mental Health Care Reform (SMHCR) in the Czech Republic, published by the Ministry of Health in 2013, set an improvement of the quality of life of people with mental health problems as the global aim of the reform. The global aim should be achieved through re-structuralization of the national mental health care system, i.e. deinstitutionalization. Four years later, in 2017, first reform projects were launched. All of the projects in this first phase of reforms should be finished by 2022. The comprehensive evaluation plan for the reform has not, however, been proposed yet. The aim of this workshop is to work out a set of analyses that will be at the core of mental health care reform evaluation.

We will discuss experiences with deinstitutionalization in other European countries and look at problems they faced in this context. We will try to pin-point key aspects of deinstitutionalization and try to set up a plan of continuous analyses that will clearly show successes and failures of Czech reform. We hope that this will enable us to learn from both, international experiences with deinstitutionalization as well as from experiences that Czech Republic will have been making.

Since data-availability is a starting point of any analyses, we will present in detail data sources that we have available and that might be utilized for the purpose of reform evaluation. This includes mainly Czech morbidity and mortality registers, and Czech epidemiological community-based studies. We will also discuss how these have to be complemented with other qualitative and quantitative surveys that will have to be conducted within the reform projects. Ideally, we should arrive at a clear plan of analyses that will include specific research questions, data sources, timelines and publication plan. We would appreciate our international experts to take a role of supervisors in individual analyses, specifics of this role would be further discussed and agreed on during the meeting.

## Timetable

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### **May 14th Optional evening program**

20:00 – 22:00: Prague Spring Festival - Concert to mark the Anniversary of the Founding of the State of Israel – Municipal House (Smetana Hall) - Arnold Schönberg: A Survivor from Warsaw Op. 46, Felix Mendelssohn-Bartholdy: Violin Concerto in E minor Op. 64, Leonard Bernstein: Symphony No. 3 "Kaddish" - Leonard Slatkin - conductor, Prague Symphony Orchestra, Prague Philharmonic Choir

### **May 15th**

13:00 – 13:30: **Czech mental health care reform**: strategy, projects and current state of affairs – Petr Winkler

13:30 – 14:30: **Deinstitutionalization** – key aspects, challenges, problems – international experiences

14:30 – 15:00: Coffee Break

15:00 – 15:15 **Czech morbidity and mortality registers**: data structure and availability – Karolína Mladá

15:15 - 16:30: **Plan of analysis based on Czech registers and epidemiological community-based studies 2/21/2** – addressing issues such as mortality, length of stay, revolving door phenomenon, continuity of care, suicides after discharge – discussing baseline analyses, publication plan, supervision to each of the analyses, authorship etc.

### **May 16th**

10:00 – 10:15: **Czech Mental health Study**: data from the **epidemiological community-based survey** of mental illnesses in the Czech Republic – Pavla Čermáková

10:15 – 12:00: **Plan of analysis based on Czech registers and epidemiological community-based studies 2/2**– addressing issues such as mortality, length of stay, revolving door phenomenon, continuity of care, suicides after discharge, treatment gap etc. – discussing baseline analyses, publication plan etc.

12:00 – 13:00: Lunch

13:00 – 15:00: **Additional studies** (beyond registers and epidemiological community-based survey) – follow-up of deinstitutionalized patients, human rights in mental hospitals, cost-effectiveness studies, qualitative studies, users experiences etc. – discussing baseline analyses, publication plan etc.

15:00 – 16:00: Wrapping up – laying down the Czech reform evaluation plan